

25 September 2009



## MEDIA RELEASE

### Amazing Race for Kids with CP

20 children with cerebral palsy embark on a one-day Amazing Race on Tuesday as part of The Centre for Cerebral Palsy's School Holiday programme.

The Amazing Race is one of several activities coordinated by The Centre's School Age Intervention Programme, including abseiling and bike riding.

Ben Dallin, Recreation Therapist at The Centre, says "The Amazing Race will be a fun day where children form teams and follow clues to make their way through a course with challenges in each 'Country,'"

"Along the way participants must collect stamps in their 'passports' and build cars, dress up, taste 'local cuisine' and correctly answer questions based on information learnt throughout the race."

Abseiling will take place on Wednesday, with an Indigenous education session in Kings Park on Thursday and a three-day bike camp the following week run by former US road cycling champion, Janelle Graham.

"We have found that these activities help children with CP by increasing their confidence, social skills, fitness and coordination, which are all extremely important outcomes for us," says Mr Dallin.

These activity programmes have been made possible by generous donations from Telethon and Westfield, whose continued support of The Centre has helped improve the lives of countless children with CP.

For further information on how you can help bring fun to the lives of children with CP contact Kathy on 9443 0228 or [Kathy.kane@tccp.com.au](mailto:Kathy.kane@tccp.com.au).

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#### **Vision and Interview Opportunity**

*Racing around The Centre's headquarters in Coolbinia for the Amazing Race*

**Date:** Tuesday 28<sup>th</sup> September

**Time:** 9am - 3pm

**Location:** Sir David Brand Centre, 106 Bradford St, Coolbinia

#### **For further information contact:**

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The Centre for Cerebral Palsy

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## **FACTS ABOUT CEREBRAL PALSY**

- *CP is a permanent physical condition that affects movement.*
- *In Australia a child is born with CP every 18 hours.*
- *Australians under 18 are three times more likely to be diagnosed with cerebral palsy than cancer.*
- *There is no pre-birth test, no known cure and severity is on the increase.*
- *For most the cause of CP is unknown.*
- *CP is not a disease, it is not contagious.*
- *CP can be as mild as just a weakness in one hand ranging to almost complete lack of movement.*
- *Since 1951 The Cerebral Palsy Association has forged an enviable reputation as one of the leading disability service providers in WA. In line with the outstanding work we do in the area of CP management and support to those with disability, on 13 March 2007 we adopted a new name The Centre for Cerebral Palsy and colourful new logo.*